



ALPINE YUKON ANTI-DOPING POLICY

The use of banned performance enhancing drugs is prohibited by any athlete representing Alpine Yukon. Possession and/or distribution of banned performance enhancing drugs will result in immediate suspension.

All Alpine Yukon athletes under 50 FIS points in any discipline are required to comply with the Canadian Anti-Doping Program (CAPD). This program is directed by Alpine Canada and administered by Alpine Yukon.

On an annual basis, each athlete enrolled in CAPD must complete the NCCP module 'True Sport Clean' and sign a document agreeing to the terms of the CADP.

In addition, Alpine Yukon staff will provide an annual update with all athletes under our care as to changes to the World Anti-Doping Code.

Supplement use is monitored closely on the Yukon Ski team. Athletes are only permitted to use nutritional supplements which have been through batch testing by an NSF/HFL certified lab and bear the marking NSF/HFL tested.

Athletes receive education which stresses that it is their responsibility to know what they are ingesting and take every precaution to minimize the risk of returning a positive test result. This pertains not only to the use of nutritional supplements but also to the use of over-the-counter and prescription medications.

Where an athlete is required to take a prescription medication, it is their responsibility to ensure that this medication is not on the banned substance list. In some cases, a T.U.E (therapeutic use exemption) may be required.

For more information visit www.cces.ca

To search for allowed and banned medications go to www.globaldro.com